

Knit One Below Bee Stitch knitting 6 inch block



Materials: 1 oz worsted weight yarn, size 7 needles

Finished size: 6"

Cast on 21 (or any odd number)

Row 1: Knit

Row 2: Knit 1, *Knit 1 one below, Knit 1* repeat across

Row 3: Knit

Row 4: Knit 2, Knit 1 one below, *Knit 1 one below, Knit 1* repeat across Knit 1

(When making a knitted block for Halfknits to use in a blanket please make it a $\frac{1}{4}$ small and finish with a single crochet around the outside edge. If you do not know how to crochet and send us some left over yarn with your block we will edge it for you.)

This is a great stitch to use when you want to avoid the purl stitch. It's has a simple 4 row pattern with every other row a strait knit. Just remember that "knit one below" blocks spread after the first few repeats so you need to cast on fewer than you think you will need and measure after about 6 rows.

First of all, what is "knitting into the stitch below"? Normally you insert your right needle into the first stitch on the left needle. A new stitch is formed by pulling the working yarn through that single stitch. To knit into the stitch below, you insert your right needle into the stitch one row below this first stitch. When you pull the working yarn through to create a new stitch, it is pulled through one row lower than normal. After the new stitch is completed, there are two strands of yarn around its base. One strand is the stitch from the "row below" and the second

strand is from the stitch you normally knit into. The strand from the "row below" is lifted higher than the other stitches in its row, making an inverted "V."

Go to http://www.maggiesrags.com/tips_knit_below.htm for good pictures and info

If you choose to use any of our patterns for yourself or family, please also consider making some to send to us or give to another charity.