

Knitted Head Band

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Materials:

With 2 strands of yarn or 1 strand of chunky yarn and size 10 ½ needles

Directions:

Cast on 60 stitches

Row 1: Knit all sts

Row 2: Knit to last 2 sts, turn work.

Row 3: Sl 1, knit 3 sts, place marker, work to last 2 sts, turn work.

Row 4: Sl 1, knit 3 sts, place second marker, knit to next marker, turn work.

Row 5: Remove marker, sl 1, knit 3 sts, replace marker, work to next marker, turn work.

Repeat Row 5 seven times more.

Row 6: Do not remove marker. Sl 1, work to next marker, turn work.

Row 7: Sl 1, work to marker, remove marker, work 4 sts, replace marker, turn work.

Repeat Row 7 nine times more. 2 sts remain outside markers at each end of the piece.

Row 8: Sl 1, work to marker, remove marker, work last 2 sts.

Work 1 more row, removing final marker.

Loosely BO all sts.